Swimmer Name: _____   Start Date: _____

Short Term Goal: _____   Age: _____   Level: _____

Long Term Goal: _____

Class Date:	Class Focus:	Post-Class Notes:

Swimmer Name: _ABCDEFG XYZ   Start Date: __June 08 2024____

Short Term Goal: Put face in water comfortably   Age : 3yo   Level:_ 3_

Long Term Goal: Pass level 3 - swim independently for 10m +

Class Date:	Class Focus:	Post-Class Notes:
1) June 08 2024	Make connection & build trust	Nervous getting face wet - loves getting rings & playing red light green light with kicks! Fave colour red. Loves pet patrol!
2) June 11 2024	Bubbles Kicks with straight legs Back float	Bubbles with mouth wet only. keep working on bubbles with whole face in water. Great kicks!! Big splashes and picked up straight keg kicks quickly. Sing during back float to help with comfort.

(Side letters alongside table: A, M, P, L, E on both left and right margins)